

# Hiring Licensed Clinician for DBTeens NH

DBTeens NH is hiring a licensed clinician to provide approximately 10-15 sessions each week within our online treatment program. These sessions would be a combination of individual therapy and parent coaching. The ideal candidate would have a passion for working with young people, and is either trained in DBT or has a willingness to learn.

We will provide the right candidate with comprehensive training, weekly supervision, and the opportunity to participate in a weekly team consult meeting.

Our mission is to provide a comprehensive treatment package to young people and keep them out of the hospital. We offer each client a package of 10-17 hours of treatment/week that includes individual therapy, group skills training, skills coaching, parent coaching, and community meetings before school and every evening for skill building.

Clinician must be available to meet with clients weekdays 3-7pm or on weekends.

To apply or learn more email: beth@dbteensnh.org

## **Staff Clinician Job Description**

Staff clinicians are team members who have excellent communication skills, energy, and investment in innovatively providing high-quality mental health service.

#### **Staff Clinician Demonstrates:**

- Comfort with texting, app usage, phone contact, and Zoom/other HIPAA-compliant video chat software.
- Willingness to learn about DBT (Dialectical Behavior Therapy) prior DBT training a plus.
- Availability after school, evenings, and weekends.
- Understanding of how to both be authentic and hold professional boundaries.

- Clear writing skills.
- A sense of humor and openness to learning.
- Commitment to training and self-improvement.
- Openness to receiving feedback.
- Ability to be both flexible and consistent.
- Demonstrated pattern of good judgment.

## Requirements for Staff Clinician:

- NH license to provide mental health service/therapy.
- MA or ME license a plus.

### **Staff Clinician Provides the Following:**

- Individual therapy and crisis management for approximately 8 teens according to DBT guidelines and theory following all DBTeens NH protocol.
- Co-ordinate and communicate with skills coaches to ensure cohesive treatment of each client.
- Email/phone contact with parents as appropriate according to DBT assumptions and guidelines. Parents will have their own parent coach.

- Thorough, prompt record keeping.
- Engaged attendance at a weekly team consultation meeting.
- Flexibility to learn DBT and improve DBT adherent clinical skills at weekly supervision.
- Opportunity to facilitate evening community skills meetings as available.